Join Benenden Healthcare Society – a great healthcare package

If you'd like the security and peace of mind of an excellent healthcare package but have found in the past that it's too expensive, welcome to Benenden Healthcare.

Who is Benenden Healthcare?

Benenden Healthcare is a mutual, not-for-profit healthcare society funded by and for its members so that it can provide medical help for those who need it most. That means it doesn't offer unlimited healthcare benefits, but does offer a wide range of discretionary benefits to its members. Until recently, only people who had been employed in the public sector could take advantage of membership, however recent rule changes have now extended eligibility out to staff and ex-staff of mutual societies, which includes all NGSU Members.

For just £1.50 a week...

- The Society can help you to get a prompt diagnosis where appropriate in a local private hospital, plus treatment and surgery for a range of conditions in specially selected private hospitals
- If you need physiotherapy, counselling or psychology, you can get help towards the costs of the treatment recommended by your GP or Consultant
- Benenden Healthcare provides 24-hour helplines for both stress counselling and GP advice, so whether you're experiencing personal difficulties or need medical advice, they are there
- You can add friends and family as members for just £1.50 per person per week



Benenden Healthcare membership is initially only available for current or former employees of the Post Office, Civil Service, BT, registered charities and other public sector bodies. Some services have a six month qualifying period. The Benenden Healthcare Society Limited is an Incorporated Friendly Society, registered under The Friendly Societies Act 1992, registered number 480F. The Society's contractual business (the provision of tuberculosis benefit) is authorized by the FSA. The remainder of the Society's business is undertaken on a discretionary basis. The Society is subject to FSA requirement for prudential management. Registered Office: The Benenden Healthcare Society Limited, Holgate Park Drive, York, YO26 4GG.